Always consider the most clinically appropriate and cost-effective product when recommending Oral Nutritional Supplement (ONS). Patients must meet at least one ACBS indication to be eligible for an NHS prescription for these products. ACBS indications vary for different products, therefore it is sensible to consult the English Drug Tariff which has a definitive list of ACBS indications and specifies indications for each ONS product. This can be found here: Drug Tariff [Last accessed Feb 2019]. Additional local indications are described in table below. For advice on product selection contact the prescribing support dietetic team on 0141 201 6012 / presupdiet@ggc.scot.nhs.uk

For patients who meet ACBS indication(s) for ONS and require fluids at International Dysphagia Diet Standardisation Initiative (IDDSI) levels 1, 2 or 3, select the most clinically appropriate and cost-effective product AND ensure that the patients nutritional requirements and the nutritional profile of the ONS are taken into account.

**Coding:** # limit to 1 sachet per day unless recommended by a dietitian | RTU Ready to Use | ♦ Specialist/dietetic initiation only | ■ Specialist secondary care initiation | ** for bolus feed only | ♦♦ Specialist/SLT initiation only | N/A not available

### Oral Nutritional Supplements (ONS)

<table>
<thead>
<tr>
<th>Preferred List First Line</th>
<th>In addition to ACBS indications</th>
<th>Unit</th>
<th>Kcal</th>
<th>Protein (g)</th>
<th>IDDSI Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ensure® Shake #</td>
<td>Use unless patient/carer unable to prepare powdered ONS</td>
<td>57g</td>
<td>389</td>
<td>16.8</td>
<td>0</td>
</tr>
<tr>
<td>SLO® Milkshake + IDDSI 2 ♦</td>
<td>Level 2 fluids are required, use unless patient/carer unable to prepare powdered ONS</td>
<td>50g</td>
<td>334</td>
<td>24.2</td>
<td>2</td>
</tr>
<tr>
<td>SLO® Milkshake + IDDSI 3 ♦</td>
<td>Level 3 fluids are required, Use unless patient/carer unable to prepare powdered ONS</td>
<td>50g</td>
<td>334</td>
<td>24.2</td>
<td>3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Preferred List First Line Ready to Use (RTU)</th>
<th>In addition to ACBS indications</th>
<th>Unit</th>
<th>Kcal</th>
<th>Protein (g)</th>
<th>IDDSI Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ensure® Plus Milkshake Style</td>
<td>1st line for inpatient setting</td>
<td>200ml</td>
<td>300</td>
<td>12.4</td>
<td>0</td>
</tr>
<tr>
<td>Ensure® Compact OR</td>
<td>1st line for inpatient setting/low volume required</td>
<td>125ml</td>
<td>300</td>
<td>13</td>
<td>2</td>
</tr>
<tr>
<td>Fortisip® Compact neutral only</td>
<td>1st line for inpatient setting/low volume &amp; neutral flavour required</td>
<td>125ml</td>
<td>300</td>
<td>12</td>
<td>N/A</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Preferred List Second Line</th>
<th>In addition to ACBS indications</th>
<th>Unit</th>
<th>Kcal</th>
<th>Protein (g)</th>
<th>IDDSI Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ensure® Plus Juce Style</td>
<td>RTU product required and dislikes milk and yoghurt</td>
<td>220ml</td>
<td>330</td>
<td>10.6</td>
<td>1</td>
</tr>
<tr>
<td>Ensure® Plus Yoghurt Style</td>
<td>RTU product required and dislikes milk</td>
<td>200ml</td>
<td>300</td>
<td>12.5</td>
<td>0</td>
</tr>
<tr>
<td>Fresubin® 3.2 kcal ♦</td>
<td>High calorie and protein and low volume required</td>
<td>125ml</td>
<td>400</td>
<td>20</td>
<td>3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total Formulary – Specialist Products</th>
<th>In addition to ACBS indications</th>
<th>Unit</th>
<th>Kcal</th>
<th>Protein (g)</th>
<th>IDDSI Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elemental 028® Extra ♦</td>
<td>Patients with tolerance malabsorption issues</td>
<td>100g</td>
<td>443</td>
<td>12.5</td>
<td>N/A</td>
</tr>
<tr>
<td></td>
<td></td>
<td>250ml</td>
<td>215</td>
<td>6.3</td>
<td>N/A</td>
</tr>
<tr>
<td>Ensure® Plus Fibre ♦</td>
<td>Fibre requirements cannot be met through food</td>
<td>200ml</td>
<td>310</td>
<td>13</td>
<td>1</td>
</tr>
<tr>
<td>Fortisip® Compact Protein ♦</td>
<td>High calorie and protein in a low volume required</td>
<td>125ml</td>
<td>300</td>
<td>18</td>
<td>N/A</td>
</tr>
<tr>
<td>Fortisip® Extra ♦</td>
<td>High levels of micronutrients required</td>
<td>200ml</td>
<td>318</td>
<td>19.6</td>
<td>N/A</td>
</tr>
<tr>
<td>Modulen IBD® ♦</td>
<td>Patients with Inflammatory Bowel Disease</td>
<td>400g</td>
<td>2000</td>
<td>72</td>
<td>N/A</td>
</tr>
</tbody>
</table>

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### Oral Nutritional Supplements (ONS)

<table>
<thead>
<tr>
<th>Total Formulary – Specialist Products (continued)</th>
<th>In addition to ACBS indications</th>
<th>Unit</th>
<th>Kcal</th>
<th>Protein (g)</th>
<th>IDDSI Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nepro® HP ♦</td>
<td>Patients with renal disease</td>
<td>220ml</td>
<td>396</td>
<td>17.8</td>
<td>N/A</td>
</tr>
<tr>
<td>Nutilis® Complete Drink Level 3 ♦</td>
<td>Level 3 fluids and a RTU product is required</td>
<td>125ml</td>
<td>306</td>
<td>12</td>
<td>3</td>
</tr>
<tr>
<td>Vital 1.5kcal ♦</td>
<td>Patients with tolerance / malabsorption issues</td>
<td>200ml</td>
<td>300</td>
<td>13.5</td>
<td>N/A</td>
</tr>
</tbody>
</table>

### Thickening Agents

#### Preferred List First Line

| Nutilis® Clear ♦♦ | Patient who require thickened fluids | 175g |
| Nutilis® Clear ♦♦ | Patient who require thickened fluids | 1.25g x 50 |

#### Preferred List Second Line

| Thick and Easy® Original ♦♦ | Patient who require thickened fluids and did not tolerate Nutilis® Clear | 225g |

### Fibre Supplements

<table>
<thead>
<tr>
<th>Total Formulary</th>
<th>In addition to ACBS indications</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Optifibre® Powder ♦</td>
<td>Patients who require additional fibre</td>
<td>250g</td>
</tr>
<tr>
<td>Optifibre® Powder ♦</td>
<td>Patients who require additional fibre</td>
<td>5g x 16</td>
</tr>
</tbody>
</table>

All other prescribable items are considered **NON FORMULARY**. If a non formulary item is required, justification for the product selection must be recorded in the dietetic record of care, shared in writing with the prescriber and the prescribing support dietetic team.

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<table>
<thead>
<tr>
<th>Enteral Feed Products</th>
<th>In addition to ACBS indications</th>
<th>Unit</th>
<th>Kcal</th>
<th>Protein (g)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preferred List</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fortisip® Bottle ♦ **</td>
<td>For bolus feeding use only</td>
<td>200ml bottle</td>
<td>300</td>
<td>12</td>
</tr>
<tr>
<td>Fortisip Compact Fibre♦ **</td>
<td>For bolus feeding use only</td>
<td>125ml bottle</td>
<td>300</td>
<td>11.8</td>
</tr>
<tr>
<td>Nutrison® ♦</td>
<td>Ready to hang Enteral feed 1Kcal/ml</td>
<td>500ml bottle ♦ **</td>
<td>500</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td></td>
<td>500ml pack</td>
<td>500</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1000ml pack</td>
<td>1000</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1500ml pack</td>
<td>1500</td>
<td>60</td>
</tr>
<tr>
<td>Nutrison® Concentrated ■</td>
<td>Ready to hang Enteral feed which is 2kcal/ml. Not ACBS approved for use in community</td>
<td>500ml pack</td>
<td>1000</td>
<td>37.5</td>
</tr>
<tr>
<td>Nutrison® Energy ♦</td>
<td>Ready to hang Enteral feed 1.5Kcal/ml</td>
<td>500ml bottle ♦ **</td>
<td>750</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td></td>
<td>500ml pack</td>
<td>750</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1000ml pack</td>
<td>1500</td>
<td>60</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1500ml pack</td>
<td>2250</td>
<td>90</td>
</tr>
<tr>
<td>Nutrison® Energy Multifibre ♦</td>
<td>Ready to hang Enteral feed 1.5Kcal/ml containing fibre</td>
<td>500ml bottle ♦ **</td>
<td>765</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td></td>
<td>500ml pack</td>
<td>765</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1000ml pack</td>
<td>1530</td>
<td>60</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1500ml pack</td>
<td>2295</td>
<td>90</td>
</tr>
<tr>
<td>Nutrison® Energy Multifibre Vanilla ♦ **</td>
<td>For bolus feeding use only</td>
<td>200ml bottle</td>
<td>308</td>
<td>12</td>
</tr>
<tr>
<td>Nutrison® Low Sodium ■</td>
<td>Ready to hang Enteral feed which is low in sodium. Not ACBS approved for use in community</td>
<td>1000ml pack</td>
<td>1000</td>
<td>40</td>
</tr>
<tr>
<td>Nutrison® MCT ♦</td>
<td>Ready to hang Enteral feed with MCT</td>
<td>1000ml pack</td>
<td>1000</td>
<td>50</td>
</tr>
<tr>
<td>Nutrison® Multifibre ♦</td>
<td>Ready to hang Enteral feed 1Kcal/ml containing fibre</td>
<td>500ml bottle ♦ **</td>
<td>515</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td></td>
<td>500ml pack</td>
<td>515</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1000ml pack</td>
<td>1030</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1500ml pack</td>
<td>1545</td>
<td>60</td>
</tr>
<tr>
<td>Nutrison® Peptisorb ♦</td>
<td>Ready to hang Enteral feed. Peptide based 1Kcal/ml</td>
<td>500ml bottle ♦ **</td>
<td>500</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td></td>
<td>500ml pack</td>
<td>500</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1000ml pack</td>
<td>1000</td>
<td>40</td>
</tr>
<tr>
<td>Nutrison® Protein Plus ♦</td>
<td>Ready to hang Enteral feed which is high in protein</td>
<td>1000ml pack</td>
<td>1250</td>
<td>63</td>
</tr>
</tbody>
</table>

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### Enteral feed Products (continued)

<table>
<thead>
<tr>
<th>Preferred List</th>
<th>In addition to ACBS indications</th>
<th>Unit</th>
<th>Kcal</th>
<th>Protein (g)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nutrison® Protein Plus Multifibre ♦</td>
<td>Ready to hang Enteral feed which is high in protein and contains fibre</td>
<td>1000ml pack</td>
<td>1280</td>
<td>63</td>
</tr>
<tr>
<td>Nutrison® Soya ♦</td>
<td>Ready to Hang Enteral feed 1Kcal/ml (milk protein free)</td>
<td>500ml bottle 1000ml pack</td>
<td>500 1000</td>
<td>20 40</td>
</tr>
<tr>
<td>Nutrison® Soya Multifibre ♦</td>
<td>Ready to Hang Enteral feed 1Kcal/ml containing fibre (milk protein free)</td>
<td>1500ml pack</td>
<td>1545</td>
<td>60</td>
</tr>
<tr>
<td>Nutrison® 800 Complete Multifibre ♦</td>
<td>Ready to Hang Enteral feed nutritionally complete in 830kcal/1000ml</td>
<td>1000ml pack</td>
<td>830</td>
<td>55</td>
</tr>
<tr>
<td>Nutrison® 1000 Complete Multifibre ♦</td>
<td>Ready to Hang Enteral feed nutritionally complete in 1040kcal/1000ml</td>
<td>1000ml pack</td>
<td>1040</td>
<td>55</td>
</tr>
<tr>
<td>Nutrison® 1200 Complete Multifibre ♦</td>
<td>Ready to Hang Enteral feed nutritionally complete in 1240kcal/1000ml</td>
<td>1000ml pack 1500ml pack</td>
<td>1240 1860</td>
<td>55 82.5</td>
</tr>
</tbody>
</table>

### Total Formulary (Specialist Products)

| Nepro® HP ♦ | Patients with renal disease | 500ml pack | 900 | 40.5 |
| Perative® ♦ | Patients with tolerance/ malabsorption issues | 500ml pack 1000ml pack | 655 1310 | 33.5 67 |
| TwoCal® 2.0kcal ♦ | Patients with tolerance/ malabsorption issues | 1000ml pack | 2000 | 84 |
| Vital 1.5kcal ♦ | Patients with tolerance/ malabsorption issues | 1000ml pack | 1500 | 67.5 |

Please note, Nutrison Sterile Water (1000ml bag) delivered by Homeward to patients receiving Home Enteral Feeding is £1.74 per bag. This should only be requested in exceptional circumstances e.g. for patients with neutropenia.

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NHSGGC Oral and Enteral Nutrition Formulary (Adults and Older Children)

**ORAL NUTRITIONAL SUPPLEMENTS (ONS)**

**PREFERRED LIST First Line**

<table>
<thead>
<tr>
<th>Nutritional supplements: 1.5 kcal/ml and 5g (or more) protein/100ml</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not suitable for use in child under 1 year; use with caution in child 1-5 years unless otherwise stated</td>
</tr>
<tr>
<td># Limit to 1 sachet per day unless recommended by a dietitian</td>
</tr>
</tbody>
</table>

**Ensure® Shake (Abbott)**

Sachet: 57g Presentation 7 sachets per pack. Banana, chocolate, strawberry, vanilla

Powder 57g reconstituted with 200ml whole milk provides: protein 17g, carbohydrate 43.2g, fat 16.6g, energy 1626kJ (389 kcal)

Gluten Free. Residual lactose

**SLO® Milkshake+ IDDSI 3 (Slo® Drinks Ltd)**

A pre-thickened, powdered, protein rich milkshake for those with dysphagia (difficulty swallowing).

Sachet: 50gx7 sachets per pack. Chocolate, strawberry. Powder 50g reconstituted with 200ml whole milk provides: protein 24.2g, carbohydrate 34.9g, fat 10.6g, energy 1388.5kJ (333.5kcal)

Carbohydrate content varies with flavour and chosen consistency. Xanthan Gum should not be taken if the drinker is pregnant or breast-feeding, has appendicitis, has narrowing of intestines, a bowel blockage or scheduled for surgery within 2 weeks of drinking. It can cause flatulence or bloating.

**SLO® Milkshake+ IDDSI 2 (Slo® Drinks Ltd)**

A pre-thickened, powdered, protein rich milkshake for those with dysphagia (difficulty swallowing).

Sachet: 50gx7 sachets per pack. Chocolate, strawberry. Powder 50g reconstituted with 200ml whole milk provides: protein 24.2g, carbohydrate 34.9g, fat 10.6g, energy 1388.5kJ (333.5kcal)

Carbohydrate content varies with flavour and chosen consistency. Xanthan Gum should not be taken if the drinker is pregnant or breast-feeding, has appendicitis, has narrowing of intestines, a bowel blockage or scheduled for surgery within 2 weeks of drinking. It can cause flatulence or bloating.

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PREFERRED LIST First Line Ready to Use (RTU)

Nutritional supplements: 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year; use with caution in child 1-5 years unless otherwise stated

Ensure® Plus (Milkshake style) (Abbott)
Bottle: 200ml. Banana, chocolate, coffee, fruits of the forest, orange, peach, raspberry, strawberry, vanilla, neutral

Ensure® Compact (Abbott)
Bottle: 125ml. Presentation 4 x 125ml bottles (500ml). Banana, strawberry, vanilla
(125ml=300kcal) – A milk-based supplement. Best served chilled. Gluten Free. Residual lactose

Nutritional supplements: More than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year; use with caution in child 1-5 years unless otherwise stated

Fortisip® Compact (Nutricia)
Bottle: 125ml. Presentation 4 x 125ml (500ml). Neutral only

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ORAL NUTRITIONAL SUPPLEMENTS (ONS)

PREFERRED LIST Second Line

Nutritional supplements: More than 1kcal/ml and less than 5g protein/100ml
Not suitable for use in child under 1 year; use with caution in child 1-5 years unless otherwise stated

Ensure® Plus Juce (Abbott)
Bottle: 220ml. Apple, fruit punch, lemon-lime, orange, peach, strawberry

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| Nutritional supplements: 1.5 kcal/ml and 5g (or more) protein/100ml | Not suitable for use in child under 1 year; use with caution in child 1-5 years unless otherwise stated |

**Ensure® Plus Yoghurt Style (Abbott)**  
Bottle: 200ml. Orchard peach, strawberry swirl  

| Nutritional supplements: More than 1.5kcal/ml and 5g (or more) protein/100ml |  |

**Fresubin® 3.2kcal (Fresenius Kabi)**  
♦ Specialist/ dietetic initiation only  
Bottle: 125ml (4x125ml pack) Mango, Hazelnut, Vanilla-Caramel  
(125ml = 400kcal) Gluten free and lactose free.

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### ORAL NUTRITIONAL SUPPLEMENTS (ONS)

#### TOTAL FORMULARY – Specialist products

<table>
<thead>
<tr>
<th>Product</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Elemental 028® Extra (Nutricia)</strong></td>
<td>Specialist/ dietetic initiation only</td>
</tr>
<tr>
<td>Sachet: 100g. Banana, orange, unflavoured. Amino acid formula.</td>
<td>Standard dilution 89kcal per 100ml. Powder provides equivalent 12.5g, carbohydrate 59g, fat 17.45g, energy 1871kJ(443kcal)/100g</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Product</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Elemental 028® Extra (Nutricia)</strong></td>
<td>Specialist/ dietetic initiation only</td>
</tr>
</tbody>
</table>

---

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<table>
<thead>
<tr>
<th>Nutritional supplements: 1.5 kcal/ml and 5g (or more) protein/100ml</th>
<th>Not suitable for use in child under 1 year; use with caution in child 1-5 years unless otherwise stated</th>
</tr>
</thead>
</table>

**Ensure® Plus Fibre (Abbott) •** Specialist/ dietetic initiation only  
Bottle: 200ml. Banana, chocolate, raspberry, strawberry, vanilla.  
(200ml=310Kcal) – A milk-based supplement with added fibre  

**Fortisip® Compact Protein (Nutricia) •** Specialist/ dietetic initiation only  
Bottle: 125ml. Presentation 4 x 125ml bottles (500ml) Banana, mocha, strawberry, vanilla.  
Gluten Free. Residual Lactose.

**Fortisip® Extra (Nutricia) •** Specialist/ dietetic initiation only  
Bottle: 125ml. Chocolate, forest fruits, mocha, strawberry, vanilla.  

**Modulen IBD® (Nestle) •** Specialist/ dietetic initiation only  
(Standard dilution 100kcal per 100ml) Powder provides: protein 18g, carbohydrate 54g, fat23g, energy 2070kJ(500kcal)/100g

**Nepro® HP (Abbott) •** Specialist/ dietetic initiation only  
(220ml = 396kcal, 17.8g protein)

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Review Date: May 2021
Nutritional supplements: More than 1.5 kcal/ml and 5g (or more) protein/100ml

**Nutilis® Complete Drink Level 3** Specialist/ dietetic initiation only
Bottle: 125ml (4x125ml) Chocolate, Lemon Tea, Mango, Passion Fruit, Strawberry, Vanilla
Nutilis Complete Drink Level 3 is a pre-thickened, nutritionally complete*, high energy (2.45kcal/ml), ready to drink, milkshake style nutritional supplement, containing 4g fibre per bottle, for the dietary management of disease related malnutrition and dysphagia. Nutilis Complete Drink Level 3 is suitable for patients with swallowing difficulties requiring a Level 3 consistency.

**Vital 1.5 kcal (Abbott)** Specialist/ dietetic initiation only
(200ml = 300kcal)

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Ratified by Therapeutics Sub Committee of the ADTC on 15th May 2019 Review Date May 2021
## THICKENING AGENTS

### PREFERRED LIST

<table>
<thead>
<tr>
<th>Feed thickeners and pre-thickened drinks</th>
<th>Not suitable for use in child under 3 years</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Nutilis® Clear (Nutricia) ♦♦</strong></td>
<td>Specialist/SLT initiation only</td>
</tr>
<tr>
<td>Tin: 175g powder</td>
<td></td>
</tr>
</tbody>
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</tr>
<tr>
<td>Sachets: 1.25g powder</td>
<td>Presentation 50 x 1.25g</td>
</tr>
</tbody>
</table>

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### THICKENING AGENTS

**TOTAL FORMULARY**

Feed thickeners and pre-thickened drinks  
Not suitable for use in child under 1 years

**Thick & Easy® Original (Fresenius Kabi)**  ♦ Specialist/SLT initiation only  
Tin: 225g powder

### FIBRE SUPPLEMENTS

**TOTAL FORMULARY**

Fibre, vitamin, and mineral supplements  
High-fibre supplements  
Not suitable for child under 5 years

**Optifibre® Powder (Nestle)**  ♦ Specialist/dietetic initiation only  
Sachets: 5g x16, Tin: 250g  
(100g = 76kcal, 78g fibre). Gluten Free. Lactose Free.
ENTERAL FEED PRODUCTS

PREFERRED LIST

Nutritional supplements: 1.5 kcal/ml and 5g (or more) protein/100 ml
Not suitable for use in child under 3 years, not recommended for child 3-6 years

**Fortisip® Bottle (Nutricia)** Specialist/ dietetic initiation only ** for bolus feeding only
Bottle: 200ml. Banana, caramel, chocolate,neutral,orange,strawberry,tropical,vanilla

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Nutritional supplements: 1.5 kcal/ml and 5g (or more) protein/100 ml
Not suitable for use in child under 3 years, not recommended for child 3-6 years

**Fortisip® Compact Fibre (Nutricia)** • Specialist/ dietetic initiation only ** for bolus feeding only
Bottle: 125ml. Vanilla, mocha, strawberry
(125ml = 300kcal) - A milk-based supplement. Gluten Free. Residual Lactose.

Enteral feeds: 1 kcal/ml and less than 5g protein/100 ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

**Nutrison® (Nutricia)** • Specialist/ dietetic initiation only
Plastic Bottle: 500ml ** for bolus feeding only. Flexible pack: 500ml, 1000ml, 1500ml
(100ml= 100kcal). Gluten Free. Lactose free. Fibre free.

Enteral feeds: More than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for infants. Not suitable for patients with galactosaemia. Use with caution for children 1-6 years.

**Nutrison® Concentrated (Nutricia)** ■ Specialist secondary care initiation only
Flexible pack: 500ml (100ml = 200kcal)
Nutrison Concentrated is a 2kcal/ml energy dense tube feed for the dietary management of disease related malnutrition in patients who require fluid restriction. Nutrison Concentrated is nutritionally complete in 1500kcal. Gluten, Lactose and Fibre free.

Enteral feeds: 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

**Nutrison® Energy (Nutricia)** • Specialist/ dietetic initiation only
Plastic Bottle: 500ml ** for bolus feeding only Flexible pack: 500ml, 1000ml, 1500ml
(100ml= 150kcal). Gluten Free and Fibre Free. Residual Lactose.

Enteral feeds: 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

**Nutrison® Energy Multifibre (Nutricia)** • Specialist/ dietetic initiation only
Plastic Bottle: 500ml ** for bolus feeding only. Flexible pack: 500ml, 1000ml, 1500ml
(100ml= 153kcal). Gluten Free. Residual Lactose.
### Enteral feeds: 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

**Nutrison® Energy Multifibre Vanilla (Nutricia) ♦** Specialist/ dietetic initiation only
Bottle: 200ml ** for bolus feeding only
(100ml= 154kcal). Gluten Free. Residual Lactose.

### Enteral feeds: 1 kcal/ml and less than 5g protein/100 ml
Not suitable for infants. Not suitable for patients with galactosaemia. Use with caution in children aged 1-6 years.

**Nutrison® Low Sodium (Nutricia) ■** Specialist secondary care initiation only
Flexible pack: 1000ml (100ml = 100kcal) Nutrison Low Sodium is a 1kcal/ml tube feed for the dietary management of patients requiring a low sodium diet. Nutrison Low Sodium is nutritionally complete in 1500kcal. Gluten, Lactose and Fibre Free.

### Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

**Nutrison® MCT (Nutricia) ♦** Specialist/ dietetic initiation only
Flexible pack: 1000ml
(100ml= 100kcal). 61% MCT. Gluten Free. Residual Lactose. Fibre Free.

### Enteral feeds: 1 kcal/ml and less than 5g protein/100 ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

**Nutrison® Multifibre (Nutricia) ♦** Specialist/ dietetic initiation only
Plastic Bottle: 500ml ** for bolus feeding only
Flexible pack: 500ml, 1000ml, 1500ml
(100ml= 103kcal). Gluten Free. Lactose free.

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### Enteral feeds: 1 kcal/ml and less than 5g protein/100ml

**Peptide-based formula**
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

**Nutrison® Peptisorb (Nutricia) ♦** Specialist/ dietetic initiation only
Plastic Bottle: 500ml for bolus feeding only. Flexible pack: 500ml, 1000ml
(100ml = 100kcal). Gluten Free. Fibre Free. Residual Lactose.

### Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml

Not suitable for use in child under 1 year. Not recommended for child 1-6 years

**Nutrison® Protein Plus (Nutricia) ♦** Specialist/ dietetic initiation only
Flexible pack: 1000ml
(100ml = 125kcal). Gluten Free. Residual Lactose.

**Nutrison® Protein Plus Multifibre (Nutricia) ♦** Specialist/ dietetic initiation only
Flexible pack: 1000ml
(100ml = 128kcal). Gluten Free. Residual Lactose.

### Enteral feeds: 1 kcal/ml and less than 5g protein/100ml

**Soya protein formula**
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

**Nutrison® Soya (Nutricia) ♦** Specialist/ dietetic initiation only
Plastic Bottle: 500ml. Flexible pack: 1000ml
(100ml = 100kcal). Gluten Free. Residual lactose. Milk protein and fibre free.

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### Enteral feeds: 1 kcal/ml and less than 5g protein/100ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

#### Nutrison® Soya Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
- Flexible pack: 1500ml
- (100ml= 103kcal). Gluten Free. Residual Lactose and Milk protein free.

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### Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year. Not suitable for child under 6 years. Not recommended for child 6-12 years

#### Nutrison® 800 Complete Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
- Flexible pack: 1000ml
- (100ml= 83kcal). Gluten Free. Residual Lactose. Contains Fish Oil

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### Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years.

#### Nutrison® 1000 Complete Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
- Flexible pack: 1000ml
- (100ml= 104kcal). Gluten Free. Residual lactose

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### Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years. Use with caution up to 12 years.

#### Nutrison® 1200 Complete Multifibre (Nutricia) ♦ Specialist/ dietetic initiation only
- Flexible pack: 1000ml, 1500ml
- (100ml= 124kcal). Gluten Free. Residual Lactose

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**ENTERAL FEEDS - TOTAL FORMULARY**

Specialised formulas for specific clinical conditions
Not suitable for child under 1 year. Use with caution in children 1-5 years

**Nepro® HP (Abbott)** • Specialist/ dietetic initiation only
Flexible pack: 500ml
(100ml = 200kcal). Gluten Free. Residual lactose.

Enteral feeds: Less than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for children under 5 years.

**Perative® (Abbott)** • Specialist/ dietetic initiation only
Flexible pack: 500ml, 1000ml
(100ml = 131kcal). Gluten Free. Residual Lactose.

Enteral feeds: More than 1.5 kcal/ml and 5g (or more) protein/100ml
Not suitable for use in child under 1 year. Not recommended for child 1-6 years

**TwoCal® (Abbott)** • Specialist/ dietetic initiation only
Flexible Pack: 1000ml
(100ml = 200kcal). Gluten Free. Residual Lactose.

Enteral feeds: 1.5 kcal/ml and 5g (or more) protein/100ml
Not recommended for use in children

**Vital 1.5 kcal (Abbott)** • Specialist/ dietetic initiation only
Flexible Pack: 1000ml
(100ml = 150kcal). Gluten Free. Residual Lactose.

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